

HEART AND MIND

A Perfect Union

Robert and Connie Boyer

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By Robert Boyer and Connie Boyer

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Introduction

All happens in
Love
All great and less in
Love
Timed ill and well.

All of us want more love. We want to share love, to give love, to receive love, to nurture love, to move and dance and play in love, to make love, to breathe love, to be love itself. This is natural, for the purpose of life is the expansion of love and happiness – what else?

Love is the sweet expression of an overflowing heart, the flow of bliss, the flow of happiness. Love is the natural effulgence of a full heart, overflowing tenderly, mercifully, abundantly, unconditionally. Fullness of love gracefully and powerfully radiates and reverberates through the entire universe – not only forever, but this very moment.

It is the nature of the heart to love, and it shall be that love flows, and flows more, and overflows, surrounding, enfolding, purifying, and unifying all. For Love is the ultimate power in nature, eternally permeating, uplifting, uniting, and conquering all.

But how do we make it so? Why does love seem so elusive? We want to be loving, but things can get chaotic, and sometimes even hurtful. How can this world built of love seem so unloving at times? If God is Love, why doesn't this cruel charade of lack of love just stop right now?

So is the dilemma the heart finds. Beyond reasons, sometimes blinded by its own radiance, it can seem even to want reasons. But it doesn't want to know as much as it just wants to flow. It does what it does so well, and that's its nature.

And this is the point: the heart needs the mind, the organizing function in nature, to build the channels for love to flow, until it overflows and overtakes all. Heart and mind together make the world go round, and it is when the world goes round that love increasingly radiates and unites.

Heart and mind go together; they are eternal partners, teammates, playmates, soulmates. Working apart, they tear apart. Working perfectly together, they bring bliss and eliminate suffering.

Though a useful idea at a certain stage of understanding, it really isn't that 'men are from Mars and women are from Venus.' We are both from Earth—which is in-between; this is our home. We all have the natural ability to unify heart and mind, to integrate diversity into unity, in the depth of our being, the wellspring and source of love, right in our own home, even right inside the home of our own heart and mind.

This book is about bringing heart and mind together, of recollecting in ourselves the wholeness of love. It's about unifying heart and mind in the pure, unbounded ocean of Love. It's about riding with balance the waves of love on the Ocean of Love.

The surface of life can be rough and harsh, but the spiritual core is pure bliss, pure love. It is a matter of settling back into that core, and refining our ability to maintain the connection spontaneously and fully. That perfectly unites heart and mind; and eventually the surface of life, the body of life, is permeated by bliss—the integration of our similarities and differences, our sameness and uniqueness, our heart and mind.

Though it may not yet be apparent, many of us from quite different perspectives feel that we are on the cusp of a new age—a time of peace, progress, and happiness for humankind toward heaven on Earth. It is the natural result of the perfect union of heart and mind. Let us welcome it with open heart and open mind; and working together, quickly make it so.

Robert and Connie